

ELIZABETH LEON

SPEAKER | AUTHOR | COMPANION

My mission is to inspire and equip others to find freedom and healing in Christ on the *Journey of the Beloved*. I connect warmly and authentically with my audience by vulnerably sharing my story of unexpected brokenness and the restoration and healing I experienced at the foot of the cross. Through my speaking ministry, writing, and healing workshops, I lead others to embark on the *Journey of the Beloved* and to learn to *let themselves be loved*.



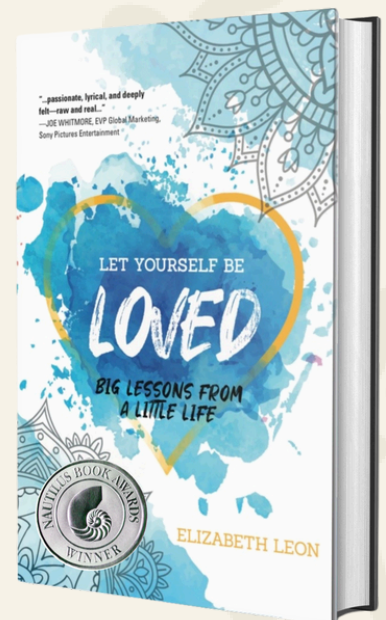
About Elizabeth Leon

I am a Catholic wife, mother, speaker, and writer from Ashburn, Virginia. I have been a leader in ministry and faith-formation for more than 25 years and am the award-winning author of **Let Yourself Be Loved: Big Lessons from a Little Life** (Koehler Books, Jan 2022) -- **Winner of Best Memoir** from the Catholic Media Association (2023) and the Silver Medal from the prestigious Nautilus Book Awards. I also serve as the Director of Family Support for Red Bird Ministries and as a Catholic Inner Healing & Story Coach with You are Made New Ministries.

Signature Topics

- *The Journey of the Beloved: Letting Yourself Be Loved*
- *Living with Joy in the Apostolic Age*
- *Healing in the Heart of Christ*
- *Uniting your Story to the Passion of Christ*
- *Mary: An Invitation to Intimacy, Comfort and Hope*
- *Journey of the Beloved: A Healing Workshop (Half or Full Day Event)*
- *Additional topics related to pro-life testimony, divorce, betrayal, trauma, healing, surrender, grief, and freedom*

All talks will be tailored to your audience and your event.



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